

NEWSLETTER

April 2024

SR
CENTER

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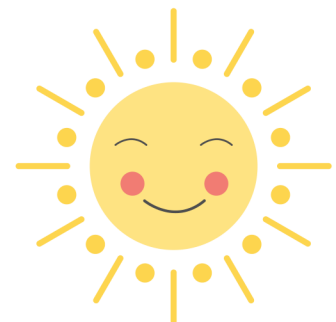
**Jo Daviess Community
Outreach Sites**

**Stephenson County
National Day of Prayer
Breakfast**

With flowers blooming and the weather warming up, we are excited to have the Jo Daviess County Senior Expo coming up in one week! We have some exciting new additions to our lineup for the day so check out the flyer in this edition of the newsletter for all the latest info!

As the tax season draws to a close, we at the Senior Resource Center reflect on the incredible journey we've had this year. From assisting our community's seniors with their tax filings, to fostering connections and support, it's been a season filled with dedication, compassion, and hard work on the part of our amazing AARP Tax-Aide volunteers. Stay tuned for next month's newsletter, where we discuss the impact of this program.

Amanda Faivre
Assistant Director





**THURSDAY
APRIL 25
9AM-NOON**

Crossroads
Community Church
Galena Campus

JO DAVIESS COUNTY SENIOR EXPO

Join us at this **FREE EVENT** as we offer older adults an opportunity to interact and educate themselves on services and supports available in the Jo Daviess County area. **All are welcome!**

Aetna Better Health Premier Plan IL MMAI
Ahva Living of East Dubuque
Ascension Living Saint Joseph Village
CaptionCall by Sorenson
Caring Transitions
Catholic Charities LTC Ombudsman
Casper Creek Natural Cemetary
Citizens Bank
Coldwell Banker Realty
Crescent Community Health Center
Freeport Health Network - BP
Galena Area EMS
Galena Green Team
Galena Library
JDC Transit

JDC Health Dept - BP & Sharps
JDC Housing Authority
Jo-Carroll Energy Co-op
Liberty Village of Freeport
Lifescape Community Services
Midwest Senior Care
Molitor Plumbing
Mop Shop
NICAA/Warren Library
NICIL
Oakley Courts
Prairie Ridge of Galena
Premier Chiropractic, P.C.
Riverview Center
Rosecrance

RSVP of Northwest Illinois
State Rep Tony McCombie
Thrivent Financial
Trustwell Living at Eagle Pointe Place
Windows by Anderson (Zephyr
Aluminum Products)

Lions Club Mobile Unit will be offering **FREE** retinal and hearing screenings!

Need a ride to the expo? For the cost of fare and to schedule a ride, call Jo Daviess County Transit.
815-777-8088

* Doors will open at 9 am. No early birds, please.

- Angela Kaiser Jo Daviess County Clerk & Recorder will be there at 10 am to answer all of your voting questions!
- Safe Haven will be outside with some of their adoptable dogs! *
- Free bags to the first 70 attendees!

*weather permitting



Brought to you by:



Senior Resource Center



WHAT YOU CAN DO IF YOU HAVE A SOCIAL SECURITY OR SSI OVERPAYMENT

By Christopher Wittkopp
Social Security District Manager in Freeport, IL



An overpayment occurs when Social Security pays a person more money in Social Security benefits or SSI payments than should have been paid. The amount of the overpayment is the difference between the payment received and the amount that was due.

Social Security is required by law to adjust benefits or recover debts when an overpayment occurs. If you receive an overpayment notice, it will explain why you've been overpaid, the overpayment amount, your repayment options, and your appeal and waiver rights.

After receiving an overpayment notice, you can:

- **Repay the overpayment** in full or through a repayment plan by check, money order, credit card or by monthly reductions from your Social Security benefit. You may be able to make a full or partial repayment using [Pay.gov](#) or your bank's online bill pay option. We offer flexible repayment plans, including payments as low as \$10 per month.
- **Appeal the overpayment** if you don't agree that you've been overpaid, or you believe the amount is incorrect. You can request a [non-medical reconsideration](#) online or you can submit a completed [SSA-561, Request for Reconsideration](#), to your local Social Security office.
- **Request that we waive** the overpayment if you believe you are not at fault for causing the overpayment AND you cannot afford to pay the money back or it is unfair for some other reason. You can ask for a waiver by submitting a completed [SSA-632, Request for Waiver of Overpayment Recovery](#), to your local office. If your overpayment is \$1,000 or less, we may be able to process your waiver request quickly by telephone. You can contact your local office or call us at 1-800-772-1213, Monday through Friday, between 8:00 a.m. and 7:00 p.m.
- **Request a different repayment amount** if you are unable to meet your necessary living expenses due to the current repayment amount. If you are unable to repay the debt within 60 months* due to the negotiated repayment amount, you will be asked to complete form SSA-634, *Request for Change in Overpayment Recovery Rate*. You can find the form at [www.ssa.gov/forms/ssa-634.pdf](#).

**This is a recent policy change. Previous policy required the completion of the SSA-634 if the overpayment could not be repaid within 36 months.*

To learn more about overpayments and our process, visit our Understanding SSI Overpayments webpage at [www.ssa.gov/ssi/text-overpay-ussi.htm](#), read our Overpayments fact sheet at [www.ssa.gov/marketing/assets/materials/EN-05-10106.pdf](#), or watch our Overpayment video at [www.youtube.com/watch?v=pxYYcjQkFvM](#).

While nursing an arthritic knee, I found Forrest Gump on YouTube. It's the cleverly crafted story of a man's life, woven throughout the history of our country. He was not a bright man, but he was moral and kind. His observations on life shared with people waiting for a bus, were golden.

The movie started me thinking about my own long life and all the changes in the culture during 81 years. Beginning my life as a WWII baby, conceived in St. Louis where dad had convinced mom to take a bus to visit him before he was sent to the Middle East. She returned to stay with her Aunt in Galena where she had lived following the death of her parents. Dad contracted malaria and was sent home gaunt and weak. Mom said he was a pitiful sight as he got off the train. They moved to Freeport where he went back to work on the Illinois Central R.R. His father and one sister were still in town and they would play a big role in my early years.

Post war housing was scarce. Mom and dad bought a small house with an open field behind and quickly new houses filled that street. All around us people began moving into homes and by then I was starting grade school. There were three girls nearby for playmates. We all walked to Lincoln School together and had wonderful fun during summer vacations..

Church played a large role in my growing up years. Beginning with simple Sunday school classes and ending in my teens with a wonderful youth group led by Skeeze and Ann Messing who were devoted to guiding us through our teens, listening to the challenges we faced at home and school. They took us on retreats, hay rides, and had study groups. We went from bicycles to driving cars, being insecure as we left childhood behind and entered into young adulthood. They were wonderful role models.

The 50's were fast moving with no more milk delivery, larger stores replacing small stores that once were in every neighborhood. T.V. was invented so sitting by the radio to hear Fibber McGee and Molly became Saturday nights watching The Honeymooners starring Jackie Gleason, or Saturday mornings watching cowboy shows. Fashions changed and became more casual. Wearing blue jeans was standard except during school when we girls wore skirts and anklets, sweater sets, circle pins, and curled hair. By the time I graduated from high school casual clothing was popular. We no longer wore hats and gloves, nylons and full skirts to church.

I'm sure many things go into making each of us who we are as adults. The times we grew up in, our family traditions and standards, city or country life, religions, food, and even music of the time. We are all similar in some ways and unique in others. I have time alone for memories to pop up. Some are funny, others sad. We reminisce with peers and share things with our adult children about our previous years. Many my age think we were lucky to grow up in the 50's before drugs were a problem, and standards were higher. Life was simpler.

I'd love to hear what your life was like growing up in the 50's.

Tait Weigel is one of our original Rolling Stone columnists. Look for her monthly contribution in the next newsletter!

Tait Weigel

Country Lifestyle Enthusiast





NICAA Golden Meals

The Golden Meals program is for persons 60 and older in Stephenson and Jo Daviess Counties. Home-delivered meals are provided to those who are home-bound, isolated, frail, or unable to prepare meals for themselves. A suggested donation per meal is requested. No one will be denied services because of their inability to pay.

As of May 1st, the suggested donation per meal will be going to \$3.25.

For more information on Golden Meals and NICAA, visit <https://nicaa.org/service/golden-meals>

Diane Randecker, Director

May-24 Menu Subject to Change

		1-May	2-May	3-May
		Tater Tot Casserole Peaches Whole Wheat Bread	Beef Stew Spiced Applesauce Corn Bread	Fish Potatoe Casserole Green Beans Whole Wheat Bread
6-May	4-May	8-May	9-May	10-May
Stuffed Green Peppers Carrots Pears Whole Wheat Bread	Mexican Casserole Pears Cornbread	Hot Roast Beef Sand. Mashed Potatoes Green Beans Bread	Ham Loaf Sweet Potatoes Peas Whole Wheat Bread	Meatloaf Mashed Potatoes Carrots Whole Wheat Bread
13-May	14-May	15-May	16-May	17-May
BBQ on Bun Oven Potatoes Baked Beans Apricots	Spaghetti Green Beans Peaches Whole Wheat Bread	Hot Turkey Sandwich Mashed Potatoes Carrots Bread	Chili Applesauce Corn Bread	Mac & Cheese Casserole Peas & Carrots Plums Whole Wheat Bread
20-May	21-May	22-May	23-May	24-May
Cabbage Rolls Peas Apricots Whole Wheat Bread	Honey Glazed Ham Sweet Potatoes Green Beans Whole Wheat Bread	Swiss Steak Mashed Potatoes Carrots Whole Wheat Bread	Cream Chicken over Biscuit Seasoned Potatoes Cream Corn	Seasoned Chicken Thighs Mashed Potatoes/Gravy Peas Whole Wheat Bread
27-May	28-May	29-May	30-May	31-May
Memorial Day	Beef & Noodles Peas Pears Whole Wheat Bread	Tater Tot Casserole Peaches Whole Wheat Bread	Beef Stew Spiced Applesauce Corn Bread	Fish Potato Casserole Green Beans Whole Wheat Bread

Senior Resource Center

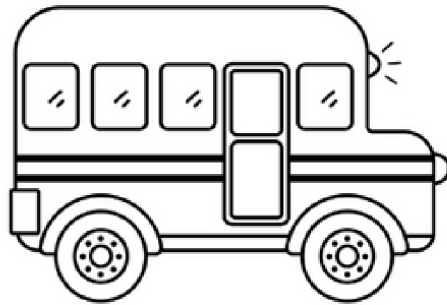
is now offering walk in appointments for general information, license plate sticker discount, LIHEAP application, Medicaid and Medicare consultations, senior housing resources and applications, caregiver support, grant assistance, and so much more!

Tuesdays from
1:00pm – 3:00pm



NEED A *medical related ride?*

**LIVE IN
STEPHENSON
COUNTY?**



**LIVE IN
JODAVIES
COUNTY?**

CALL THE SENIOR RESOURCE CENTER AT 815-235-9777

Looking for assistance getting your license plate fee discount? Call our office for help with the Benefit Access application!





VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

The Senior Resource Center is looking for dedicated individuals to join our Medicare SHIP Counselor and AARP Tax Prep teams.

If you have a passion for helping others, attention for detail, and want to make a meaningful difference in your community, we want to hear from you!

Contact Anna Bell to learn more about our volunteer opportunities

815-235-9777 ext. 228

JO DAVIESS

HOUSING AUTHORITY

WILL BE JOINING US AT OUR
OUTREACH SITES TO PROVIDE
MORE INFORMATION ON
HOUSING APPLICATIONS,
QUESTIONS AND MORE!

WARREN OUTREACH

110 W MAIN ST

MARCH 7
APRIL 4
MAY 2

HANOVER OUTREACH

500 FILMORE ST

MARCH 14
APRIL 11
MAY 9



SENIOR RESOURCE CENTER

JO DAVIESS COMMUNITY OUTREACH

Serving Jo Daviess County Every Month!

UPCOMING DATES

Apr 25, May 23, Jun 27

WEST GALENA TOWNSHIP BUILDING

607 Gear St

Galena, IL 61036

Apr 18, May 16, Jun 20

STOCKTON TOWNSHIP LIBRARY

140 W. Benton Ave

Stockton, IL 61085

Apr 11, May 9, Jun 13

HANOVER TOWNSHIP PARK DISTRICT

500 Fillmore St.

Hanover, IL 61041

Apr 4, May 2, Jun 6

WARREN COMMUNITY BUILDING

110 W. Main St.

Warren, IL 61087

ASSISTANCE WITH:

- Aging & disability benefits
- Medicare/Medicaid questions
- Benefit Access (license plate discount)
- Part D questions
- Caregiver resources
- General aging questions

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Call For An Appointment!

***Walk-in appointments may be available at some locations - call for details 815-235-9777**



You and your guests are invited to attend

**23rd Annual
Stephenson County
National Day of Prayer Breakfast**

Thursday, May 2, 2024

7:15 a.m.—8:45 a.m.

Stephenson County Farm Bureau
210 W. Spring Street, Freeport, Illinois 61032

Music by:

Carol & Dianna Cole / Steve Sheffey

FREE . Limited Seating. RSVP by Tuesday, April 30

Call: (815) 297-2918 or email: rdlein@aol.com

Stephenson County NDP Sponsors

Alber's Towing & Recovery; Shockey & Cox, LLC; Burke-Tubbs Funeral Home; Mike Leininger; Sen. Andrew Chesney; 9 East Coffee & Café; Anthony V. Coon, Attorney at Law; Linda Johnson; Fairway Ford Lincoln Mercury; Jim & Cindy Witt; Drs. Frank Whitmer & Maria Laporta; Mel & Linda Dotson; Mayor Jodi Miller; Upper Northwest Illinois Republican Women; Inky Printers; The Father's House; Scott & Talena Wuebbels; Rep. John M. Cabello; Schwarz Funeral Homes; Rebecca Quiggle; Chapel Hill Memorial Gardens; Flachtemeier Monuments; Walker Mortuary & Cremation Services; Rep. Tony McCombie; Chuck & Cheryl Hartman; Casey & Brenda Myers; Steve & Kathleen Glaze; County Board Chair Scott Helms; Sullivan's Foods; Richard & Diane Van Raden; Sondra Strohecker; Gone Postal; Rite-Way Furniture & Appliances; Mary Traum; Jan Rowe; Clear Dome Ministry; Darlene Greenfield; Beltline Café; The Siedenburger Group; Len & Elizabeth Carter; Stephenson County Crime Stoppers; Wagner's Business Products Center; Stephenson County Farm Bureau; Rick & Debbie Leininger; Jim & Mary Thom; Gary & Diane Hagemann; Roger & Audrey Kilker; Proto-Cutter Inc.; patburt.com; Fischer Excavating, Inc.; Alber Properties; Grand River Hall; Absolute Fitness; Curt Knapp Century 21 Affiliated; Yvonne Knight-Wandel; Village Voices;

A stylized illustration of a yellow umbrella with a green handle and several yellow raindrops falling from it. The umbrella is positioned behind the main text.

Contact Us

Senior Resource Center

206 E Stephenson St
Freeport, IL 61032
815-235-9777

srcinfo@srcntr.org

